



New Richmond Area Tiger Sharks (NRATS)

Swimmer Code of Conduct

Purpose: The purpose of this code of conduct is to help promote the best possible, individual, team and program responsibility which supports the development of first class citizens at all times.

Practice Code of Conduct

It is expected that all swimmers will:

1. Listen and obey the coach
2. Not disrupt their teammates
3. Keep their hands, feet and other body parts to themselves
4. Not use inappropriate language or gestures
5. Conduct themselves in ways that do not damage the reputation of the club
6. Abide by all Centre policies

Practice Expectations

It is expected that all swimmers will:

1. Arrive on time for practice with all necessary gear, ready to swim
2. Give 100% during practice
3. Respect their teammates

Meet Code of Conduct

It is expected that all swimmers will:

1. Listen and obey the coach
2. Not disrupt their teammates
3. Keep their hands, feet and other body parts to themselves
4. Not use inappropriate language or gestures
5. Conduct themselves in ways that do not damage the reputation of the club
6. Abide by all policies provided by the meet host

Meet Expectations

It is expected that all swimmers will:

1. Arrive on time for warm-ups with all necessary gear, ready to swim
2. Give 100% during each race
3. Respect their teammates
4. Cheer for their teammates
5. Wear a team suit and cap
6. Talk to the coach before and after each race

Violations of the Code of Conduct

At the discretion of the coaching staff, based on the severity of the offense, any one or all of the following penalties will be applied:

1. Swimmer may be given a verbal warning
2. Swimmer may be asked to sit out during practice
3. Swimmer may be asked to leave practice
4. Parents may be contacted
5. A parent/coach meeting may be required
6. Swimmer may be scratched from a swim meet
7. Swimmer may be suspended from the team

Signature of Parent/Guardian

Date

Signature of Swimmer

Date