

Message from the BOD

On Monday, July 11th Chris Desio resigned as the President of the BOD. Paula Andersen will be the interim president effective immediately. The BOD is pursuing options to fulfill the open position per the team by-laws. If you are interested in joining the board, please contact any BOD member.

Practice and A/B/C Finals

The end of the summer season is coming up quickly. What goes along with that is the beginning of taper; which started this week. This is the process of reducing the amount of yards we practice each night in order to have the best results at finals. There is a process to taper that will work best if everyone is at practice every night for these two weeks before finals. Please remember that the swimmers will have more energy as the week goes on. It's not them acting up, but they will not be burning as much energy in practice and sometimes don't know what to do with it.

Friday (7/15) will be the last day of practice for those not going to ABC finals on July 22-24 in Richfield. These finals meets are special; you qualified for them, so plan on attending. An email was sent to everyone indicating which events your swimmer has qualified for. If you have any questions about finals, please contact one of the coaches.

Summer Parade

Our second parade at Funfest was a huge success. A big thanks to all who participated. Everyone had a great time!

There is one parade remaining. Remember that each family must participate in one summer parade or pay the \$50.00 buy-out fee. Our last parade of the summer will be in Star Prairie on Sunday, August 20th. Please contact Lisa at flyer68c@frontiernet.net if you have any questions.



Corn Fest 2011 – Sat. Aug. 27th

We have been asked by the Centre to help run this year's Corn Fest (formally known as Corn on the Corner) by running the concessions stand. This is a great fundraising opportunity, as half of the food proceeds will go to the swim team. **We need your help running this event.** Only one parent has volunteered so far. The approximate hours are 9:30am-2:30pm. If you cannot commit to the entire 6 hours, we will gladly take volunteers for shorter shifts. This is also a great way for us to start promoting the swim team for our upcoming fall season. Please contact Lisa at flyer68c@frontiernet.net if you are able to help.

Funfest Set-up

The Chamber contacted the swim team and asked if we wanted to help with set-up for Funfest. Thanks to all of those who came out on such short notice! We raised \$100.00 for the team.



Swimmers of the month

Jack Falkenhagen- Jack has been named swimmer of the month for June. He has been a regular at practice who works hard and trains well. Jack has really been great at taking coaching suggestions and applying them to his strokes this month. Way to go Jack!

Lauryn Sund- Lauryn has also been named swimmer of the month for June. Lauryn has been doing a fantastic job leading her lane and working hard during practice. She is a great listener, a great teammate, and a great swimmer. Way to go Lauryn!

Youth Triathlon



We have begun to plan our second annual youth triathlon. Please mark your calendars for **Saturday, October 1st**. We are again going to partner with Community Ed. Because we are anticipating a larger turn-out than last year, we will need at least one parent from each family to help with this event. More details will follow as they become available.

Fall Stroke Clinic

We are in the process of adding a fall stroke clinic for all returning transition, jr., and sr. swim groups the last two weeks of September. Registration for returning swimmers will begin approx. the 2nd week in September. More details will be available next month.

Team Dinner

Due to the busy schedules of our swim families and coaches, no team dinners were scheduled for May and June. We are going to have a July team dinner to wrap up our great summer swim season! The dinner is scheduled for Thursday, July 21st from 5:30-6:30pm at Table 65 in New Richmond. The dinner will include spaghetti with meatballs, bread, and a drink. The cost is \$5.00 per person. Please RSVP by Monday, July 18th to flyer68c@frontiernet.net

